

# Artists in Training In-Studio Dance Convention SAMPLE SCHEDULE - FULL EXPERIENCE PACKAGE

This shows an example of a typical 2-day schedule with 3 class levels for our "Full Experience Package" option. Number of class levels depends on the number of students attending. Class times & age ranges are flexible based on your preferences.

#### DAY 1

	Level 1 (Ages 7-9)	Level 2 (Ages 10-12)	Level 3 (Ages 13+)
8:45-9am	Student Arrival/Check-in	Student Arrival/Check-in	Student Arrival/Check-in
9-9:15am	Welcome & Morning Meditation	Welcome & Morning Meditation	Welcome & Morning Meditation
9:15-10:30am	Class 1	Class 1	Class 1
10:35-11:35am	Class 2	Class 2	Class 2
11:40-12:40pm	Lunch + Coffee Magic	Lunch + Coffee Magic	Lunch + Coffee Magic
12:40-1:40pm	Class 3	Class 3	Class 3
1:45-2:45pm	Class 4	Class 4	Class 4
2:45-3:45pm	Vision Boards	Journal Session	Journal Session

### DAY 2

	Level 1 (Ages 7-9)	Level 2 (Ages 10-12)	Level 3 (Ages 13+)
9-9:15am	Welcome & Morning Meditation	Welcome & Morning Meditation	Welcome & Morning Meditation
9:15-10:30am	Class 1	Class 1	Class 1
10:35-11:35am	Class 2	Class 2	Class 2
11:35-12pm	Lunch	Lunch	Lunch
12-1pm	Class 3	Class 3	Class 3
1:05-2:05pm	Class 4	Class 4	Class 4
2:15-2:45pm	Showcase & Scholarships	Showcase & Scholarships	Showcase & Scholarships

#### Want to include some of our add-on services?

**Routine Critiques** are \$200/hr and can be scheduled the evening before your convention begins (typically on Friday evening, 5-6 or 7pm) or on the evening of Day 1 of your convention (typically at 4-5 or 6pm).

Routine Critiques can be used for group or solo routines. This is great to prepare for your competitive season, tune up your routines mid-season, or prepare for nationals! To get the most out of these sessions, we recommend scheduling 6 routines per hour, so each dance receives 10 minutes of performance and feedback time. We will not exceed a max of 8 routines per hours. Your dancers will perform a routine, then our panel of faculty will provide real-time feedback that you can also record for future reference.

**Studio Business Coaching** is a flat fee of \$250 and allows you the opportunity to meet with AIT Executive Director Kathy King for 2 hours of strategic planning. Kathy is a certified business & entrepreneurship coach, with 20+ years as a professional dance educator at studios nationwide.

Studio Business Coaching sessions will take place while your students are in class, and are intended for studio owners, along with any key staff members you would like to invite.

## **Notes about Coffee Magic & Journal Sessions:**

We offer a complimentary **Coffee Magic** session for your studio parents and staff on Day 1! This is an inspiring conversation with AIT Artistic Director Robert Schultz. Coffee and pastries provided by AIT. This service is optional.

**Journal Sessions** are intended for your pre-teen through teen dancers, and includes a custom 12-page journal booklet and a guided conversation to motivate your students to find greater confidence and creativity in their dance journey. For your mini/junior dancers, we provide a Vision Board session (all supplies provided) and teach your young dancers how to set goals and dream BIG!